

Parents Comments

- “I wish I did this course years ago”.
- “This course should be compulsory”.
- “I have played with my son for the first time”.
- “We have learnt to stand together and not be divided”.
- “Coming here is the highlight of my week”.
- “Our home is much more harmonious”.
- “I now have a good relationship with my child”.



Make a wise investment in your family

For more information about Incredible Years
in the Buller, please contact:



52 Mill Street, WESTPORT

Mail To:

PO Box 388
WESTPORT 7866
Phone: (03) 788 8065
Fax: (03)788 8066
Email: office@homebuilderswpt.co.nz
www.homebuilderswpt.co.nz

For more information about the
Incredible Years programme, visit the
Incredible Years website

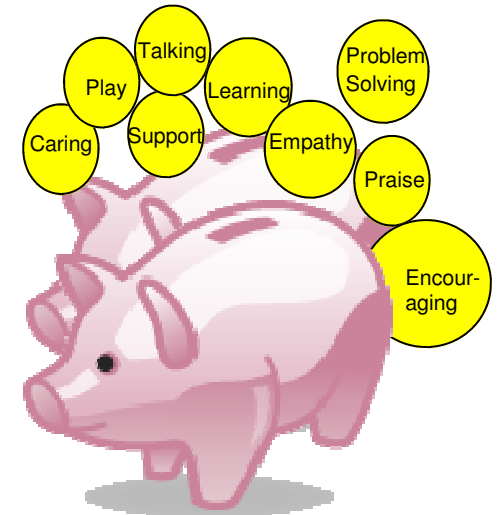
www.incredibleyears.com

The Incredible Years

Parents, teachers, and children training series



Developed by Dr Carolyn Webster-Stratton

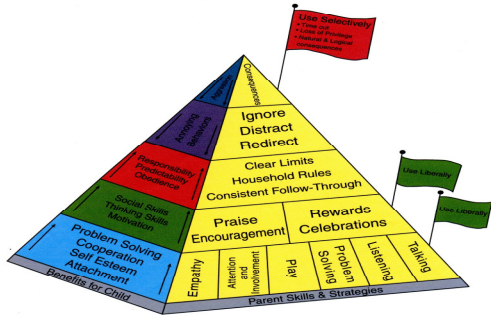


**REMEMBER TO
BUILD UP YOUR BANK ACCOUNT**

The Incredible Years parenting programme is designed to develop positive family relationships, empower parents to make change and to manage difficult behaviour.

Practical step-by-step suggestions help in handling everyday situations that parents face.

Why a parenting programme?



Parenting Pyramid

Incredible Years

- Parenting is the most important job adults do.
- Many of us are not trained or prepared for the task.
- Challenging behaviour causes stress in families.
- Improves family relationships.
- Learn new skills to manage challenging behaviour.
- Encouragement and support.
- Confident parents make a difference in families.

What is covered?

Parenting Skills

- Play/involvement
- Praise/rewards
- Limit setting
- Discipline

Interpersonal skills

- Problem solving
- Behaviour management
- Communication
- Building Relationships
- Giving and getting support

Academic skills

- Learning after-school routines
- Homework support
- Involvement at school
- Reading
- Teacher conferences



Where is it held

Venues:

- Homebuilders, 52 Mill Street (for Adults)
- Anglican Hall - Corner of Queen and Lyndhurst Streets (for childcare)

Date: Thursday 11th August 2011

Time: 12.30pm — 2.30pm

Incredible Years Programme brings participants together for 2 hours each week for 14 weeks.

Cost?

Free!

This exciting programme offers free child care, support with transport, resources and food.

We want this opportunity to work for you - we will help to make it work!

Interested - Please contact Rehia or Dida immediately to be registered.

Homebuilders West Coast Trust

03 788 8065

rehia@homebuilderswpt.co.nz

We look forward to hearing from you